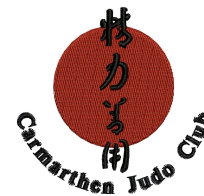




# Carmarthen Judo



## Kyu Grade Clash and Training Session

### Entry Form

Saturday 3<sup>rd</sup> February 2024

Carmarthen Judo Club, Carmarthen Leisure Centre, Llansteffan Road, Johnstown, Carmarthen, SA31 3NQ

Surname:		First Names:	
Address:			
Email:		Contact No:	
Male/Female:	Grade:	Age on Day of Competition:	
Exact Weight (KG):		Club:	
WJA/BJA Membership No:		Date of Expiry:	

1. I am an amateur within the rules of the WJA/BJA and I confirm that I do and will comply with the articles of Association and Byelaws of the Association.
2. I, the undersigned, wish to participate in the above competition to be held at Carmarthen Leisure Centre on the above date and confirm the details given by me are correct.
3. I understand and agree that neither the organisers of the event nor the WJA/BJA (nor any of its officials or members) shall be liable or responsible for any personal injury to me, nor any loss or damage to my property arising out of my participation and travelling in connection with these championships.
4. I am totally responsible for my own state of health, and I am fit and able to participate in this competition.
5. I understand that there may be drug testing at this event and my entry is only accepted on the condition that if selected for such a drug test, I shall comply with the WJA/BJA rules regarding the same.
6. By entering this competition & signing the consent you are agreeing to photography and video filming being taken.

Signature:	Date:
------------	-------

**Entry Fee of £18 per player** (non-returnable)

Payment - Please select one of the follow options;

1. Cheque/Postal Order - Completed Entry Forms together with the payment should be sent to:

**Louise Beard, 9 Heol Salem, Johnstown, Carmarthen, Carmarthenshire, SA31 3HT**

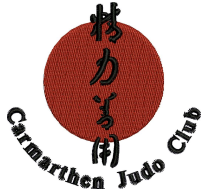
Cheques /Postal Orders should be crossed and made payable to **Carmarthen Judo Club**.

2. Online Card Payment – the link will be emailed to you on receipt of this form or if you enter online you will be directed to pay.

**No later than Tuesday 30<sup>th</sup> January 2024**

**This date will be strictly enforced – Maximum Entry 50**

Acknowledgement of entry will be sent when the entry form and payment have both been received. Please ensure you provide a mobile telephone number or email address.



# Carmarthen Judo



## Kyu Grade Clash and Training Session Rules

### Training Session

There will be a training session between 9.30-11.00am led by a variety of club coaches. All kyu grade men and women are welcome to join the session. It will be an opportunity to learn some new skills and exchange ideas with other clubs. The competition will follow in the afternoon.

**A friendly, fun and energetic atmosphere to help you develop your skills!!!**

### Aim

This is a **Level Two** competition and an event for intermediate players of **limited experience**. It should be seen as an introduction to competition for newer players and a learning experience for all. With that in mind positive coaching is allowed, but aggressive coaching and pressuring of referees will not be tolerated. The competition will be run by club volunteers and the support of parents and coaches will be essential for the competition to be a success. We expect to develop the correct competition etiquette and environment, therefore the competition standard judogi (see below), footwear and headwear is essential.

### Eligibility

1. Competitors must be members of the WJA/BJA and produce their senior licence on the day.
2. Competitors must be 16 years and above on the day.
3. Competitors must be between Novice and 3<sup>rd</sup> Kyu on the day.

### Categories

- Group A: Men green belt and below. -60, -66, -73, -81, -90, -100, +100kg
- Group B: Women green belt and below. -48, -52, -57, -63, -70, -78, +78kg
- The top four competitors will receive a medal. There will be a special award for 'Spirit of the Day'.
- Every competitor except novices should have graded within the last 12 months.

### Weigh-in

All groups **11.30 – 12.00**  
Competition start time **12.30pm**

**Method of competition** Pools, knockouts and repechage.

### Notes

1. BJA Contest /Tournament Restricted Rules will apply throughout. Arm locks or strangles permitted.
2. The WJA/BJA has Third Party Cover and all licence holders are also covered for Third Party Liability. Competitors should therefore ensure that they are covered for temporary disability and their personal property.
3. We reserve the right to combine or alter categories if entries dictate. Groups will not be combined unless agreed by the competition controller and the players involved.
4. If there is a large disparity in weights in the + categories, then extra weight categories will be created.

### Judogi

- Zori or soft footwear **must** be worn to the mat edge and off the mat generally.
- Female competitors **must** wear a plain white, short sleeved t-shirt under their judogi.
- Players **must** wear a white judogi (no karate or jujitsu suits allowed).

**Please Note:** Players turning up in the wrong attire will be turned away on the day. It is the coaches' and players' responsibility to ensure these basic requirements are met.

(Light refreshments will be available on the day from the club. The leisure centre also has a cafe serving hot and cold food. The consumption of your own food is also allowed.)

### Enquiries

Louise Beard Tel: 07527736045. Email: [louisebeard13@hotmail.com](mailto:louisebeard13@hotmail.com) Facebook: Carmarthen Judo Club